



**W**hen you walk into Susquehanna Nursing & Rehabilitation Center, you are embraced by friendly, courteous staff and the warm ambiance of the facility's décor.

Conveniently located in the heart of the Greater Binghamton Area, Susquehanna Nursing & Rehabilitation Center (SNRC) offers state-of-the-art healthcare with specialized programs in short term rehabilitation and long-term care services.

Additionally, the facility campus encompasses a medical model adult day health care center and apartments for independent living.

At SNRC, the quality of life of those in our care is as important to us as the quality of care they receive. We offer a holistic approach to the individual's medical, social, emotional and spiritual needs. You will find our caregivers understand the importance of a kind word, a gentle touch and the healing power of a smile.

We invite you to take a personal tour of Susquehanna Nursing & Rehabilitation Center and spend time with our staff to discuss family needs and explore our array of services.

## COMMITTED TO THE HIGHEST STANDARDS OF QUALITY CARE

The interdisciplinary team of professionals at Susquehanna works with each resident to ensure continuity of care to offer every opportunity for maximum functioning. We are proud of our skilled and dedicated staff of RNs, LPNs, and CNAs who work closely with each resident to ensure the highest standard of patient care possible.

Our interdisciplinary approach provides our residents with a comprehensive care plan, which welcomes proactive resident and family input. Highly qualified social workers ensure that the medical, social and emotional needs of each resident are met in a family-oriented atmosphere.

## PROMOTING QUALITY OF LIFE THROUGH ACTIVITIES

Our activities staff works closely with the nursing department to enhance the quality of life of our residents by offering a variety of recreational, social, and religious opportunities that promote socialization, motivation, and stimulation. Residents enjoy frequent special entertainment, such as strolling musicians, choral groups, community bands, and ethnic dancers. Many of our events are geared toward family participation as well as outdoor and community events. Colorful, large print activity calendars are provided monthly to each resident so they can select and plan for the activities they wish to participate in. Beauty parlor services are also available 5 days a week within the facility by a licensed beautician.

## DIETARY SERVICES

Residents enjoy individually designed nutritional programs, as prescribed by their attending physicians and supervised by a Registered Dietitian. Our residents individualize their meals with selections from a wide variety of appetizing items offered on our daily menu. Guest trays are available for family members who wish to dine with their loved ones.

Many of our residents, family and friends participate in a leisurely "night out" at our monthly Gracious Dining, a fine dining experience that offers a selection of special entrees prepared by our skilled dietary staff and served in a restaurant-like atmosphere, complete with live musical entertainment.

## STATE-OF-THE-ART REHABILITATION

Susquehanna's highly specialized dedicated short term rehabilitation program offers residents the state-of-the-art care required to maximize their functional potential and facilitate their return home. Each resident is evaluated upon admission where a comprehensive plan of care is formulated by our interdisciplinary team. Our center offers a full compliment of physical, occupational, and speech therapy services. Our rehabilitation department is located in a bright and uplifting sunroom setting. At Susquehanna, we believe every day matters...that is why intensive therapy is offered up to 6 days-a-week.

## COMPREHENSIVE SKIN & WOUND CARE

Our interdisciplinary skin care team is committed to the promotion and maintenance of resident skin integrity. Residents are assessed upon admission (routinely thereafter) and individualized treatment plans are developed in conjunction with the patients' own physicians. The program focuses on prevention and resident/family education with strong emphasis on the importance of proper nutrition and discharge education to promote healing. A team of licensed professionals specializing in wound care treatment complements our staff. Our high-tech treatment approach utilizes specialized mattresses and equipment and in-house debridement.

## ALZHEIMER'S DISEASE DEMENTIA CARE

We offer specialized programs, featuring cognitive, social, and therapeutic activities, which are designed to increase socialization and decrease agitation of residents with Alzheimer's disease or dementia. Family members enjoy peace of mind knowing their loved one is residing in a home-like, comfortable environment that is secured with a sophisticated wander system.

## PALLIATIVE, COMFORT, AND HOSPICE CARE

Palliative care, comfort care, and hospice services are offered to those individuals who are approaching end of life. Our aim in all of these services is to enable residents nearing the end of life to remain in a familiar environment and to maintain their dignity while providing physical comfort and pain management. Our professional, compassionate staff can answer questions and offers essential emotional support to residents and their families.

**When seeking the finest in short term rehabilitation or long term care, Susquehanna Nursing & Rehabilitation Center is the facility of choice.**

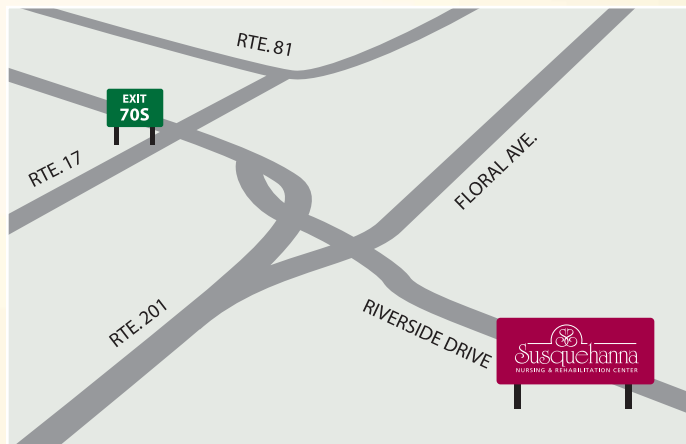




### OUR SERVICES INCLUDE:

- Dedicated Short Stay and Short Term Rehabilitation Unit
- "Extra Day" Rehabilitation Program
- Subacute Care
- Intensive Rehabilitation Services: Physical, Occupational and Speech Language Pathology
- Cardiac Rehabilitation
- Hospice Care
- Palliative Care / Comfort Care
- Alzheimer's Disease / Dementia Care
- Geriatric Psychosocial / Dementia Care
- Cognitive Rehabilitation
- Respite Care
- Psychosocial Service
- Geriatric Psychological Consultations
- Comprehensive Wound Care Management
- IV Therapy
- Tracheostomy Care
- Pain Management
- Total Joint Replacement Program
- Restorative Nursing
- Hemodialysis Management
- Amputee Management
- Bariatric Rehabilitation and Wellness
- Vascular Care
- Adult Day Care Medical Program

**Admissions are accepted six days a week. For information about our specialized health care programs or for a tour of our facility, call us today at: (607) 729-9206**



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**Please visit us at: [www.susnursing.com](http://www.susnursing.com)**



... WE'RE A FRIEND OF THE FAMILY.

